

**Driving Directions to Cedar Rapids:**

**Franklin- 300 20<sup>th</sup> Street NE**

I-380 to Exit 22 (29<sup>th</sup> St. exit)  
Right on 29<sup>th</sup> to Eastern Ave  
Right on Eastern to Prairie Drive  
Left on Prairie Drive (past Regis)  
Past Franklin Track/Football field to C Ave.

**Harding- 4801 Golf St. NE**

I-380 to Exit 23 (42<sup>nd</sup> St. exit)  
Right on 42<sup>nd</sup> St. to Golf Street  
Left on Golf Street  
Street ends at parking lot

**McKinley- 620 10<sup>th</sup> St. NE**

I-380 to Exit 20 B (7<sup>th</sup> St. exit)  
Right on 7<sup>th</sup> Street to 5<sup>th</sup> Ave.  
Left on 5<sup>th</sup> Ave. past 10<sup>th</sup> St. to McKinley Dr.  
Right on McKinley Drive;

**Regis- 735 Prairie Dr. NE**

I-380 to Exit 21, Merge to H Ave  
Left on Maplewood Dr NE  
Right on K Ave NE  
(Regis/LaSalle football combined at LaSalle)

**Roosevelt- 300 13<sup>th</sup> St. NW**

I-380 to Exit 19A  
Merge onto 3<sup>rd</sup> St SW  
Left on 5<sup>th</sup> Ave SW  
Right on 6<sup>th</sup> St SW  
Left on A Ave NW, onto B Ave NW  
Right on 13th St NW

**Taft- 5200 E. Ave NW**

I-380 to Highway 30 West exit  
Highway 30 West to Edgewood Rd. exit  
Right on Edgewood to E Ave.  
Left on E Ave.

**Wilson - 2301 J St. SW**

I-380 to Wilson Ave. exit  
Right on Wilson Ave. to J Street  
Through intersection to parking lot  
immediately past school

**Holy Family/LaSalle/Metro -3700 1<sup>st</sup> Ave NE**

I-380 to Highway 30 West exit  
Highway 30 W to Edgewood Rd. exit

Right on Edgewood Road to 1<sup>st</sup> Ave.  
Left on 1<sup>st</sup> Ave.; just past St. Jude's Church

**Kingston Stadium** (15th St. and 8th Ave.)

I-380 north to Exit 18, Wilson Ave., turn left on Wilson and go 1.3 miles to Rockford Road; go right on Rockford to Kingston.

**Linn-Mar- Excelsior – 3555 N 10<sup>th</sup> St**  
**(7<sup>th</sup> grade gym) (All wrestling meets)**

I-380 to Exit 16A, Merge to US 151 N  
Merge onto IA-13 N, Turn right on 10<sup>th</sup> St, Turn left on 7<sup>th</sup> Ave

**Linn-Mar- Oak Ridge - 4901 Alburnett Rd**  
**(8<sup>th</sup> grade gym)**

I-380 to Exit 25  
Right on Boysen Rd.  
Left on Alburnett Rd.  
Continue on Alburnett, school on right

**Prairie- 401 76<sup>th</sup> Ave. SW (8015 Kirkwood Blvd)**

I-380 to Exit 13  
*Football and Track:*  
Left on Wright Bros  
Right on 6<sup>th</sup> St SW  
Right on 76<sup>th</sup> Ave SW  
*Basketball and Volleyball:*  
Right on Wright Bros Blvd to Kirkwood Blvd  
Left on Kirkwood Blvd to Prairie Point Middle School

**Washington High School- 2205 Forest Dr. SE**

I-380 to 7<sup>th</sup> St. exit. Go to 1<sup>st</sup> Ave.; turn left on 1<sup>st</sup> Ave. take 1<sup>st</sup> to Cottage Grove, turn right.

**Jefferson High School- 1243 20<sup>th</sup> St.**

I-380 to Wilson Ave., turn left on Wilson to 6<sup>th</sup> St.; turn right on 6<sup>th</sup> to 15<sup>th</sup> Ave.; go left on 15<sup>th</sup> to 18<sup>th</sup> St. go right on 18<sup>th</sup> to 13<sup>th</sup> Ave. turn left to school.

**Kennedy High School- 4545 Wenig Road NE**

I-380 to 42<sup>nd</sup> St. exit; turn left on 42<sup>nd</sup> to Wenig Rd., turn right on Wenig.

**Xavier High School- 6300 42<sup>nd</sup> St. NE**

I-380 N to 42<sup>nd</sup> St. exit, left on 42<sup>nd</sup> Street  
School is located 1 ½ miles west of Kennedy High on 42<sup>nd</sup>.

**\*\*Notes regarding Swimming and Track\*\***

- NW Home Swim @ Coralville Rec
- Southeast Swim @ Mercer Park
- Taft & Harding Swim @ Jefferson
- Franklin Swim @ Washington
- Regis/Holy Fam. Track @ Xavier
- Southeast Track @ City High

- All NW Home Track @ West High