## Softening Approaches Sub Committee Meeting Minutes 3/12/19 4:30-5:45

Present: Gregg, Paul, Ginny, Dasia, Diana, Kate

- 4:30-5:00 Todd Simpson- Overview of Steps to Respect K-6, the ICCSD bullying prevention curriculum and programming for secondary students.
  - Discussion of bullying/harassment programming
  - Features of the current curriculum as related to safety
- 5- 6 years ago adopted curriculum:

Grades K-5 Second Step: Grades 1-6

- 1-Skills for learning- listening paying attention, self-talk
- 2- Problem solving- 6 lessons (inviting kids to play, fair ways to ply, how to handle conflict
- 3 Empathy 5-6 lessons identifying feelings, same/different
- 4 Emotion Management- Calm down strategies (positive self-talk, counting)
- 5 Personal safety (physical abuse, good touch/ bad touch)
- 6 Career
- 3-6 Specific units on bullying
- 3-5 Steps to Respect
- 6 Cyber bullying LGBT

Say Something Campaign (bystander/up stander)- go and get help,

But not integrating curriculum specific to Say Something

Jr. High/High School: Lessons students receive would be in personal development in 7-9<sup>th</sup> grade

 $7^{\text{th}}$  grade/ $8^{\text{th}}$  grade  $7^{\text{th}}$  –  $8^{\text{th}}$  grade 3 lessons each year in bullying/ sex ed. Health (can opt out)

9<sup>th</sup> grade: UAY comes in and teach sex ed./ sexual orientation, RVAP 7,8,9 talking about safe sex . Students can opt out – quite a few do.

## 5:00-5:30 District Protocol and Procedures related to Bullying & Harassment

Laura Cottrell reviewed current harassment and bullying procedures for the district

## 5:30-5:45 Next Steps:

- Recommendations regarding topics covered at tonight's meeting
- Say Something Campaign Curriculum
- Secondary Level- Health/Personal Development Can we integrate social emotional learning/ harassment and bullying
- Is there a way to integrate lessons into high schools and junior highs
- Standard lessons for all students at all grades
- Use of threat assessment for founded incidents
- Discuss what information is needed on remaining subcommittee topics (Increasing connectivity, identification of MH/trauma) or if these fit into categories already under discussion.
- Safe Schools Heathy Schools (what is still in place)- what outcomes did we have and are the outcomes still be measured
- Overview of supports for the District (including health clinic)
- Protocols for calling RVAP- sexual assault
- Resources for parents (how are these communicated)
- Adjourn