Schools.mealviewer.com/results/iowacity

- Select a school (Elementary menus will be the same throughout the district.)
- To skip creating a profile, click the “x” on the popup box
- Click on “Let’s add it up” on the left side of the screen
- Select the meal you want (breakfast or lunch)
- Select the date you want
- Select the items the student took
- Adjust the portion size by how much the student ate with the +/- buttons
- Select “All nutritionals” on the right side of the screen
- If there are items the student took that are not listed on the menu, you can add them.
  - Scroll down and select “add/edit”
  - Scroll down until you find the item and select it
  - Once you’ve selected all the additional items, click on “update”
  - The added items should show up on menu screen
  - Select those new items
  - Adjust the portion size by how much the student ate with the +/- buttons
  - Select “All nutritionals” on the right side of the screen